

Seafood Sensations™

*For Sandwiches, Salads
and So Much More*

Mrs. Friday's Seafood Sensations™

A Premium Blend of Coldwater Bay Shrimp and Imitation King Crab



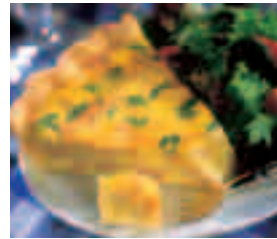
Seafood Sensations makes it easy and affordable to introduce premium seafood selections to your menu. The only product of its kind to contain real shrimp, Seafood Sensations allows you to command higher menu prices while giving your customers irresistibly delicious taste.

Mrs. Friday's Seafood Sensations is a delicious, premium blend of coldwater Bay Shrimp, real crab and finely shredded Imitation King Crabmeat – in one easy-to-use, vacuum-sealed pack.

Seafood Sensations is also fat free and high in calcium for our health-conscious customers who don't want to give up great flavor. Plus, it's heat pasteurized for the ultimate in food safety and freshness that you've come to expect from Mrs. Friday's.

Menu Suggestions:

- Seafood Niçoise tossed in lemon dill dressing
- Shrimp and Crab Melt with black olives, artichoke hearts, Monterey Jack and cheddar
- Seafood Stuffed Tomato served with endive salad



- California Rolls using Seafood Sensations, cucumber and avocado
- Shrimp and Crab Quiche served with mixed berries

Shrimp and Crab Melts

2 lbs.	Mrs. Friday's Seafood Sensations
1 cup	Mayonnaise
5 oz. can	Chopped olives
20 oz.	Frozen or canned artichoke hearts, chopped and cooked (non-marinated)
3	Garlic cloves, minced
1/4t	Dried dill
Pinch	Cayenne

2 cups	Grated Monterey Jack cheese
2 cups	Grated cheddar cheese
1/2 cup	Minced fresh parsley
8	Small baguettes, cut lengthwise

Mix all ingredients. Place sliced baguettes on baking sheet. Spoon seafood mixture onto bread. Bake at 350°F for 5-7 minutes.

Yield: Eight 5 oz. servings



FEATURES

- Premium blend of shrimp, real crab & Imitation King Crab
- Perfect for salads, sandwiches, appetizers and entrées
- Packed in vacuum-sealed packages
- Heat pasteurized
- High in calcium
- Fat free

BENEFITS

- Create premium seafood menu choices that are appealing & profitable
- Popular & profitable menu applications
- Convenient, easy-to-use, no waste, extended shelf life
- The ultimate in food safety & freshness
- Satisfies your nutritional needs
- Heart-healthy food

PRODUCT	SIZE	CODE	PACK	NET WT.	DIST. CODE	COST/PC
Seafood Sensations	2 lb.	04530	6/2	12		
Seafood Sensations	1 lb.	04520	12/1	12		

Nutritional Information

Serving Size	3.4 oz. (85g)
Calories	80
Protein	9g
Carbohydrates	11g

Total Fat	0g
Saturated Fat	0g
Cholesterol	35mg
Calcium	20%

Sodium	560mg
Vitamin A	0%
Vitamin C	0%
Iron	10%



Your Assurance of Great Taste

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Customer Service

800-877-0166

www.mrsfridays.com